

Stereoselectivity in the Homogeneous Hydrogenation of 3-Oxo- $\Delta^{4,5}$ -Steroids

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Summary Cholestenone, testosterone, progesterone, and methyltestosterone, hydrogenated homogeneously, show the same stereoselectivity as in heterogeneous hydrogenation.

STEREOSELECTIVITY in the heterogeneous reaction: (I) \rightarrow (II) + (III), has been found¹ to be dependent on the kinetic circumstances and on the nature of the substituents R^1 and R^2 . 3-Oxo- $\Delta^{4,5}$ -steroids have previously been found rather resistant to homogeneous hydrogenation,² but hydrogenation is easily possible by use of the complex³ $[\text{py}_2(\text{dmf})\text{-RhCl}_2(\text{BH}_4)]$. The Figure compares the selectivity of this

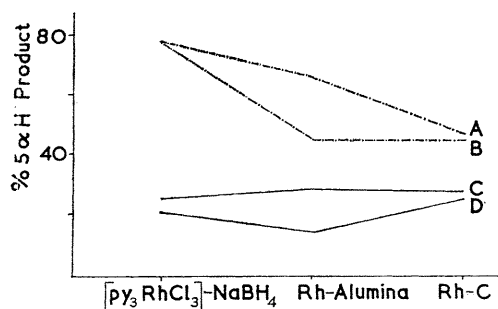
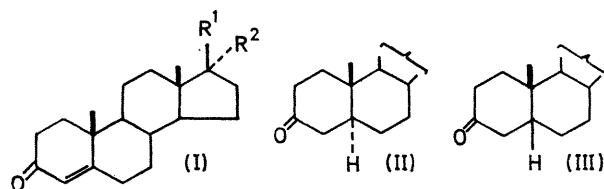


FIGURE. % 5 α -H Product (II) of hydrogenation of steroids (100 mg.) with $[\text{py}_3\text{RhCl}_3]$ ($7.5 \times 10^{-3}\text{M}$)– NaBH_4 ($17.5 \times 10^{-3}\text{M}$), Rh-alumina (50 mg.) and Rh-charcoal (50 mg.) in dmf (15 c.c.): (A), progesterone, (B) testosterone, (C) methyl testosterone, and (D) cholestenone

homogeneous reaction with that observed in heterogeneous hydrogenation at a rhodium catalyst. It is evident that the remote substituents, R^1 and R^2 , influence both homogeneous and heterogeneous processes in the same sense, and that the effect correlates with substituent bulk rather than the polarity. The substituents fall into two groups: (a) $R^1 = \text{OH}$ or COMe and $R^2 = \text{H}$ when (III):(II) $\approx 1:3.5$ and (b) $R^1 = \text{C}_8\text{H}_{17}$, $R^2 = \text{H}$, or $R^1 = \text{OH}$, $R^2 = \text{Me}$ when (III):(II) $\approx 3:1$. The polar hydroxyl group is represented in both groups, and the effective difference between

the substituents appears in the axial-equatorial conformational free energy differences,⁴ viz.: OH, 0.8; COMe, ca. 1; CH_3 , 1.7; iso-alkyl, > 2 kcal./mole. We have drawn attention to the importance of changes in bond lengths and angles at the site of co-ordination.¹ The relative energy changes for 4,5 α - and 4,5 β -co-ordination may clearly depend



on the bulk of a remote substituent due to conformational transmission.⁵ The 4,5 α - and 4,5 β -co-ordinated species will not, however, necessarily react with hydrogen at the same rate. We find that although the initial rate of hydrogenation of cholestenone rises linearly with concentration, i.e. co-ordination is a rate-limiting factor, the product proportions change somewhat in the higher concentration range, viz.:

Cholestenone ($\text{M} \times 10^{-2}$)	.. 1.73	3.46	8.65
% 5 β -H product (III)	.. 77.7	76.5	73.1

A parallel change, observed in heterogeneous hydrogenation,¹ has been attributed to a higher rate of hydrogenation of 4,5 α -adsorbed steroid which becomes more important when hydrogen transfer is rate-limiting. These results are important in offering a practical means of hydrogenation of steroid enones and, in certain cases, a more stereospecific reaction than with a heterogeneous catalyst. We were able to exclude the possibility of sodium borohydride being the reducing agent rather than hydrogen since cholestenone, $8.65 \times 10^{-2}\text{M}$, was fully hydrogenated by a catalyst solution of sodium borohydride concentration, $1.75 \times 10^{-2}\text{M}$. In all cases the hydrogen uptake corresponded to the quantity of steroid added.

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⁴ Cf. E. L. Eliel, N. L. Allinger, S. J. Angyal, and G. A. Morrison, *Conformational Analysis*, J. Wiley, New York, 1965, p. 436 *et seq.*

⁵ Cf. ref. 4, p. 345 *et seq.*